



# Brunswick County Schools

## DIET ORDER/ MEDICAL STATEMENT

SEND COMPLETED FORM TO:  
**SCHOOL NURSE**  
Brunswick County Schools  
35 Referendum Drive  
Bolivia, NC 28422

### Part I (to be filled out completely by parent or guardian) *New forms must be completed annually.*

Name of Student (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (MI) \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_ Student ID #(NCWise#) \_\_\_\_\_

School Attended by Student \_\_\_\_\_ Grade: \_\_\_\_\_ School Year: 20\_\_

Which school meals will the student be eating:

BREAKFAST

LUNCH

Parent/Guardian(print) \_\_\_\_\_ Email \_\_\_\_\_

Parent/Guardian Phone Number(s) \_\_\_\_\_ (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

• **PARENTAL RELEASE OF INFORMATION:** I give Brunswick County Schools Special Needs/Nurse/Child Nutrition permission to speak to the below-named licensed physician to discuss the dietary needs described below.

Parent/Guardian signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Part II (to be completed only by a licensed physician (MD))

DIAGNOSIS: \_\_\_\_\_

Does the child have an identified disability? Yes \_\_\_\_ No \_\_\_\_ (If yes, Part II must be completed and signed by a **LICENSED PHYSICIAN ONLY**)

Describe the major life activities affected by the disability: \_\_\_\_\_

Specify any dietary restrictions or special diet instructions for school meals: \_\_\_\_\_

#### MODIFICATIONS:

##### DESIGNATE CONSISTENCY REQUIREMENTS FOR FOODS:

- Clear liquid     Pureed     Blenderized Liquid
- Full Liquid     Mechanical Soft     Chopped

##### DESIGNATE CONSISTENCY REQUIREMENTS FOR LIQUIDS:

- Thin     Honey-like
- Nectar-like     Spoon-Thick

\*For any special diet, list specific foods to be omitted and suggested substitutions; You may attach a separate page with additional information.

FOODS TO BE OMITTED:

SUGGESTED SUBSTITUTIONS:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**DIABETES:** Please indicate the grams of carbohydrates for: Breakfast \_\_\_\_\_ Lunch: \_\_\_\_\_

**FOOD ALLERGIES:** If student has LIFE THREATENING/ANAPHYLACTIC allergic reactions, check appropriate box:  Ingestion     Contact     Inhalation     All

List foods to avoid: \_\_\_\_\_

List foods to be substituted: \_\_\_\_\_

Other (be specific) \_\_\_\_\_

Physicians (MD) Name: \_\_\_\_\_

Physicians Signature: \_\_\_\_\_

Phone#: \_\_\_\_\_ FAX \_\_\_\_\_

Date: \_\_\_\_\_

**Medical Office Stamp(Required)**

### PART III (Child Nutrition Department to complete)

BCS Child Nutrition Department Notes:

Child Nutrition Administrator Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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**(Revised 10/5/2010)**